

## **Safeguarding and Welfare Requirement: Safety and suitability of premises, environment and equipment**

Providers must ensure there are suitable hygienic changing facilities for changing any children who are in nappies.

### **6.4 Intimate Care & Nappy changing**

#### **Policy statement**

Intimate care is defined as:

*'Care tasks of an intimate nature, associated with bodily functions, bodily products and personal hygiene, which demands direct or indirect contact with, or exposure of, the sexual parts of the body'*

Intimate care tasks specifically designed as relevant include:

- Dressing and undressing (underwear)
- Helping someone to use the potty or toilet
- Changing nappies
- Cleaning/wiping/washing intimate parts of the body

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time. We always aim to ensure consistency of care and to comply with parental wishes with regard to toilet training.

We provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

#### **Procedure:**

- The designated toilet person for the session has a list of personalised changing times for the children in their care who are in nappies or 'pull-ups'; and change nappies according to this schedule, or more frequently where necessary. Every nappy change, and time of change is recorded on a toilet sheet, along with the name of the staff member who has changed the nappy.
- We encourage young children from two years to normally wear pull ups, or other types of trainer pants, as soon as they are comfortable with this. Parental discretion and involvement is paramount before a decision is made on toilet training. This policy is available for all parents to read upon request.
- Our designated toilet person for that session undertakes changing children or oversees another member of staffing doing so.
- Children are changed within sight of other staff whilst maintaining their dignity and privacy at all times.

- Our changing area is warm, with a safe area to lay children and no bright lights shining down in their eyes. There are mobiles and other objects of interest to take the child's attention.
- Each child has their own changing bag to hand with their nappies or pull ups and changing wipes.
- Our staff put on gloves and aprons before changing starts and the areas are prepared.
- All our staff are familiar with our hygiene procedures and carry these out when changing nappies.
- Our staff never turn their back on a child or leave them unattended whilst they are on the changing mat.
- We are gentle when changing; we avoid pulling faces and making negative comments about 'nappy contents'.
- We do not make inappropriate comments about children's genitals when changing their nappies.
- In addition, we ensure that nappy changing is relaxed and a time to promote independence in young children.
- We encourage children to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- We encourage children to wash their hands, and have soap and towels to hand. They should be allowed time for some play as they explore the water and the soap.
- We use child friendly, gentle non anti-bacterial hand wash liquid or soap for young children; young skin is quite delicate and anti-bacterial products kill off certain good bacteria that children need to develop their own natural resistance to infection.
- Older children access the toilet when they have the need to and are encouraged to be independent.
- We dispose of nappies and pull ups hygienically. Any soil (faeces) in nappies or pull ups is flushed down the toilet and the nappy or pull up is bagged and put in the bin. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are rinsed and bagged for parents to take home.
- We have a 'duty of care' towards children's personal needs. If children are left in wet or soiled nappies/pull ups in the setting this may constitute neglect, which would be a disciplinary matter.
- We are aware of the fact that intimate care needs for disabled children may differ, and that disabled children or those with SEND may be especially vulnerable. Staff are aware of the need to be especially sensitive to these needs, and work with parents to ensure the child's specific needs are met.

This policy was adopted by	Radcliffe on Trent Pre-school Playgroup	<i>(name of provider)</i>
On	14 <sup>TH</sup> NOVEMBER 2018	<i>(date)</i>
Date to be reviewed	NOVEMBER 2020	<i>(date)</i>
Signed on behalf of the provider	<hr/>	
Name of signatory	NIKKI FARNSWORTH	
Role of signatory (e.g. chair, director or owner)	COMMITTEE CHAIR	